



OPEN GATE
HEALTH SERVICES LIMITED

INFECTION PREVENTION & CONTROL TRAINING

Focus: Aseptic Non-Touch Technique (ANTT)

Organised by

Opengate Health Services Ltd (OGHS)

Safe Hands

- **Safe Procedures**
- **Safe Patients**

Why ANTT & Infection Control Training?

Healthcare-associated infections (HAIs) increase morbidity, mortality, cost of care and length of stay.

Many HAIs are linked to poor aseptic technique and non-adherence to basic infection prevention standards.

ANTT provides a structured, evidence-based approach to:

- **Protect key parts and key sites during procedures**
- **Minimise touch contamination**
- **Standardise aseptic practice across all staff**
- **Improve patient safety and clinical outcomes**

Who Should Attend?

This training is suitable for all staff involved in clinical procedures, including:

- Nurses and midwives
- Doctors and residents
- Phlebotomists and laboratory staff
- Theatre, endoscopy and dialysis staff
- Infection prevention and control (IPC) link persons

The course can be tailored for ward-based, critical care, or procedure-specific teams.

What You Will Learn

Core topics include:

- Principles of infection prevention and control
 - Standard and transmission-based precautions
 - Hand hygiene: 5 Moments and correct technique
 - Personal protective equipment (PPE): choice and correct use
 - Aseptic Non-Touch Technique (ANTT): concepts, key parts and key sites
 - Steps for common ANTT procedures (e.g., IV cannulation, line access, wound care, catheter care)
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Practical Skills & Simulation

Hands-on practice sessions may include:

- Setting up a clean/aseptic field
- Maintaining asepsis during line access and medication preparation
- Non-touch technique during wound dressing and catheter care
- Correct donning and doffing of PPE
- Simulated procedure checklists and peer feedback

Emphasis is placed on safe habits that can be applied every day on the ward.

Course Format & Certifications

Course Format:

- Duration: Half-day to 1 day (customisable)
- Method: Short lectures, demonstrations, case discussions and practical return demonstrations
- Tools: Checklists, competency assessments and job aids for ongoing use

Certification:

- OGHS Certificate of Attendance / Completion in Infection Prevention & Control (ANTT focus)
 - Can be linked with CPD/CNE points where accredited
- Follow-up support and refresher sessions can be arranged for facilities.

Benefits Of Your Facility

- Reduced risk of healthcare-associated infections
- More consistent aseptic practice across all units
- Stronger infection prevention and control culture
- Better compliance with accreditation and regulatory standards
- Increased confidence among staff and reassurance for patients and families

Why Train With OGHS?

Experience in clinical skills and critical care training across multiple institutions

- Faculty with hands-on IPC, critical care and pediatric experience
- Ability to integrate ANTT with broader IPC, resuscitation and quality improvement initiatives
- Flexible onsite training model for hospitals, clinics and health networks

OGHS partners with facilities to build sustainable infection prevention practices.



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Training can be organised for:

- Individual hospitals or multi-facility groups
- Quality and IPC committees
- Professional conferences and workshops

Contact us to design an ANTT-focused infection control course that fits your team's needs.



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